

# SKAGIT COUNTY PARKS & RECREATION

## VOLLEYBALL LEAGUE RULES AND REGULATIONS

### ELIGIBILITY:

1. All players must sign a participant waiver form prior to participating. Players under 18 years old must have a parental/guardian consent signature in order to participate. Rosters are limited to 12 players. Persons currently playing high school or college varsity volleyball are ineligible.
2. The fourth regular league match of the season shall be the deadline for roster changes.

### GENERAL PLAYING RULES:

1. National Federation of High School Association rules shall govern all league play.
2. A team shall consist of six players to begin a match. Teams normally consist of 3 male and 3 female players. However, a team may play with a minimum of 5 players to avoid a forfeit **as long as no more than 3 male players are on the court simultaneously**. A team may play with more female than male players (i.e. play may start with 3 male & 2 female, 3 female & 2 male, or 4 female & 1 male...)
3. A 5-minute grace period is allowed for each team's first game of the evening if they do not have enough players.
4. **Female Hit Rule** – REC Division ONLY. If the ball is hit more than once on a side, at least 1 hit must be by a female. **NOTE** that teams not wanting a Female Hit Rule should opt for the OPEN Division.
5. **RALLY SCORING** – Rally Scoring replaced Side-Out Scoring effective Fall 2003. Rally Scoring is very similar to Side-Out Scoring, except a point will now be awarded at the conclusion of each play.
6. **MATCH PLAY** – A match shall consist of 3 games to 25 points. Games must be won by 2 or more points or the first team to 30. **If there is less than 15 minutes left in your hour at the start of the third game, it will be played to 15 points.**
7. **LET SERVE** – A ball that when served, hits the net and continues into the opponent's court. The Let Serve is a playable **LIVE BALL!**
8. LEGAL CONTACT is a touch of the ball by any part of a player's body, which does not allow the ball to visibly come to rest or involve prolonged contact with a player's body.
9. All SERVES may be received in any form, INCLUDING an open hand finger pass (as of Winter 2007). Serves may not be blocked (i.e. nothing above the head).
10. A back-row player shall not participate in a block or an attempt to block OR attack a ball which is completely above the net while positioned:
  - On or in front of the attack line or its out-of-bounds extension;
  - In the air, having left the floor on or in front of the attack line or its out-of-bounds extension.
11. PENALTIES FOR ILLEGAL PLAYER ACTIONS – Rules 8-10: Point or side-out is awarded the opponent for illegal contact (#8), not receiving serve with a "BUMP" (#9) or a back-row player foul (#10).
12. Touching the net and/or crossing the center line (breaking the vertical plane) under the net is a violation.
13. **LIBERO** – There will be no utilization of the LIBERO player.
14. **Ceilings & Obstructions** – A live ball becomes dead when: a) The ball contacts the ceiling or an overhead obstruction and is not legally played next by the offending team; b) The ball contacts the ceiling or an overhead obstruction after the third hit; or c) The ball contacts a wall or ceiling obstruction that is over a non-playable area.
15. A rally shall determine the initial serve, with the rally winner having first choice of serve, then alternating for the remaining games.
16. Overhand serves are allowed in the OPEN Division only. Overhand serves are allowed in the REC Division only if both teams agree prior to the start of the match.
17. Teams shall call their own games. All teams and players are expected to be honest. **Questionable calls should be played over.**
18. **Teams are allotted 55-minutes to complete a match, which includes any warm-up period the teams take prior to beginning.**
19. Teams shall change sides at the end of each game.
20. **Unsportsmanlike conduct will not be tolerated.**

### LEAGUE SCORING & AWARDS:

1. A team will be awarded 1 point for each game won, and 1 point for winning a match. League standings will be available weekly.
2. Regular season League Champion will receive individual awards.